



Intake Form

Paul Kerzner L.Ac.

Information provided on this form is confidential. It is very important the information given is complete and accurate to assist you properly in your healing process.

Please look for Above and Beyond Acupuncture on FB and join our online community for clinic announcements!

Today's Date ___/___/___

Name _____ Date of Birth ___/___/___ Age: _____ Sex: _____

Address _____

City/ State/ Zip _____ email _____

Telephone: (home) _____ (work) _____ (cel) _____

Emergency Contact Person/Relationship _____

Phone # _____

Who is your Primary Care Physician ? _____

Referrals are the best compliments. Whom may we thank for your referral ?

What are the concerns for which you are seeking care ? (symptoms, diagnosis and date of onset)

1. _____
2. _____
3. _____

What other treatments have you received for any of these conditions? _____

What makes your condition better ? (movement, rest, heat, cold, eating, sleeping, crying, screaming, etc) _____

What makes your condition worse ? (fatigue, stress, certain foods or times of day, heat, cold, hunger, etc)

Significant Trauma, Hospitalizations, Surgery, X-Rays, Special Studies

Please include accidents, falls, illness as well as emotional along with month/year

Allergies

Are you hypersensitive or allergic to any foods, drugs, chemical or environmental substances ?

Medications and Supplements

What medications (prescribed or over the counter) herbs, vitamins, supplements, etc. are you currently taking ?

Check each that you currently use :

Laxatives Pain Relievers Antacids Cortisone
Antibiotics Heart/Blood medication Allergy Medication Thyroid medication
Sleeping Pills Anti-Depressants Birth Control Pills Hormones

Exercise, Energy and Dietary:

How much exercise per week _____ Length of workout _____ Activities _____

How is your energy level ? _____ When is it lowest ? _____ Highest? _____

Typical Diet

Meals per day # of Snacks Caffeinated Drinks Alcohol per week _____

Breakfast: _____

Lunch: _____

Dinner: _____

Snacks: _____

What foods are your weakness? _____

Water intake per day _____ Prefer warm or cold drinks _____

Excessively thirsty ? _____

Special Diet : _____

Personal History Please check any symptoms you have now or ever have had.

Cancer _____ Diabetes _____ Seizures _____

Heart Disease _____ High/Low Blood Pressure _____ Stroke _____

Anemia _____ Kidney Disease _____ Hepatitis _____

Thyroid Imbalance _____ Asthma _____ Eating Disorder _____

Arthritis _____ Ulcer _____ Alzheimers _____

Auto Immune _____ Alcohol/Drug Addiction _____ Chronic Fatigue _____

Blood Clotting Disorder _____ Prolapsed Organ _____ Chronic Pain _____

Do you smoke ? (Tobacco or Marijuana) For how long ? _____ How much a day ? _____

Other serious Health Condition _____

Family Medical History Please check any condition that applies to your immediate family : (M) Mother, (F) Father, (S) Sister, (B) Brother, (GM) Grandmother, (GF) Grandfather

High Blood Pressure _____ Diabetes _____ Heart Disease _____
 Cancer _____ Stroke _____ Asthma _____
 Seizures _____ Genetic Disorder _____ Infertility _____
 Other Serious Condition _____

Have you had any of the following Childhood Illnesses (check if yes)

Scarlet Fever ___ Diptheria ___ Rheumatic Fever ___ Mumps _____ Measles ___ German Measles _____
 Have you had negative reactions to immunizations ? Yes No _____

General

Height _____ Weight _____ lbs.
 Weight one year ago _____ lbs. Maximum Weight _____ lbs. When _____
 Blood Type _____ Most recent blood pressure reading? ____ / ____ Taken when? _____

Check any symptoms you currently experience and star ones you have had in the past

<p>GENERAL</p> <p><input type="checkbox"/> Poor or Change in Appetite <input type="checkbox"/> Poor Sleep <input type="checkbox"/> Fatigue / Low Energy <input type="checkbox"/> Fevers <input type="checkbox"/> Chills <input type="checkbox"/> Cravings <input type="checkbox"/> Bleed/Bruise Easily <input type="checkbox"/> Night Sweats or Hot Flashes <input type="checkbox"/> Sweat Easily <input type="checkbox"/> Colder than those around you <input type="checkbox"/> Warmer than those around you <input type="checkbox"/> Weight loss or gain <input type="checkbox"/> Libido Low, Med or High <input type="checkbox"/> High Stress</p>	<p>NOSE AND SINUSES</p> <p><input type="checkbox"/> Frequent Colds <input type="checkbox"/> Nose Bleeds <input type="checkbox"/> Sinus Congestion <input type="checkbox"/> Frequent Runny Nose <input type="checkbox"/> Hay Fever <input type="checkbox"/> Sinus Problems <input type="checkbox"/> Loss of Smell</p> <p>IMMUNE</p> <p><input type="checkbox"/> Chronic Fatigue Syndrome <input type="checkbox"/> Chronic Infections <input type="checkbox"/> Chronically Swollen Glands <input type="checkbox"/> Slow Wound Healing</p>	<p>HEAD / NECK</p> <p><input type="checkbox"/> Headaches <input type="checkbox"/> Migraines <input type="checkbox"/> Jaw Pain <input type="checkbox"/> Teeth Grinding <input type="checkbox"/> Swollen Glands <input type="checkbox"/> Goiter <input type="checkbox"/> Recurrent Sore Throats/Colds</p>
<p>SKIN</p> <p><input type="checkbox"/> Rashes <input type="checkbox"/> Eczema or Psoriasis <input type="checkbox"/> Acne, Boils <input type="checkbox"/> Redness of Skin <input type="checkbox"/> Itching <input type="checkbox"/> Fungal Infections <input type="checkbox"/> Skin Discoloration <input type="checkbox"/> Hair Loss <input type="checkbox"/> Dry Skin/Scalp <input type="checkbox"/> Greasy Hair <input type="checkbox"/> Change in Hair texture <input type="checkbox"/> Night Sweats <input type="checkbox"/> Slow healing ulcerations <input type="checkbox"/> Weak or ridged nails <input type="checkbox"/> Recent Moles</p>	<p>MOUTH AND THROAT</p> <p><input type="checkbox"/> Sore Throat <input type="checkbox"/> Copious Saliva <input type="checkbox"/> Teeth Grinding <input type="checkbox"/> Sore Tongue/Lips <input type="checkbox"/> Gum Problems <input type="checkbox"/> Hoarseness</p> <p>RESPIRATORY</p> <p><input type="checkbox"/> Chest Congestion <input type="checkbox"/> Chest Tightness <input type="checkbox"/> Asthma <input type="checkbox"/> Difficulty inhale/exhale <input type="checkbox"/> Phlegm...what color ? <input type="checkbox"/> Cough ___ Wet or ___ Dry <input type="checkbox"/> Coughing Blood <input type="checkbox"/> Bronchitis <input type="checkbox"/> Pneumonia</p>	<p>NEUROLOGIC</p> <p><input type="checkbox"/> Seizures or Tremors <input type="checkbox"/> Paralysis <input type="checkbox"/> Muscle Weakness <input type="checkbox"/> Numbness or tingling <input type="checkbox"/> Easily Stressed <input type="checkbox"/> Vertigo or Dizziness <input type="checkbox"/> Loss of Balance</p> <p>CARDIOVASCULAR</p> <p><input type="checkbox"/> Chest Pain or Pressure <input type="checkbox"/> Shortness of Breath <input type="checkbox"/> Irregular Heart Beat <input type="checkbox"/> Palpitations at Rest <input type="checkbox"/> Blood Clots <input type="checkbox"/> Irregular Heart Beat <input type="checkbox"/> Palpitations/ Fluttering <input type="checkbox"/> Swelling of Hands or Feet</p>

<p>EYES AND EARS</p> <p><input type="checkbox"/> Itchy Eyes</p> <p><input type="checkbox"/> Watery Eyes</p> <p><input type="checkbox"/> Dry Eyes</p> <p><input type="checkbox"/> Swollen/painful eyes</p> <p><input type="checkbox"/> Red Eyes</p> <p><input type="checkbox"/> Blurred Vision</p> <p><input type="checkbox"/> Spots in Front of Eyes</p> <p><input type="checkbox"/> Cataracts</p> <p><input type="checkbox"/> Color Blindness</p> <p><input type="checkbox"/> Double Vision</p> <p><input type="checkbox"/> Glaucoma</p> <p><input type="checkbox"/> Hearing Difficulty</p> <p><input type="checkbox"/> Ringing</p> <p><input type="checkbox"/> Earaches/ Infection</p>	<p>DIGESTION</p> <p><input type="checkbox"/> Abdominal Pain/Cramps</p> <p><input type="checkbox"/> Trouble Swallowing</p> <p><input type="checkbox"/> Heartburn/Acid Reflux</p> <p><input type="checkbox"/> Change in Appetite/Thirst</p> <p><input type="checkbox"/> Nausea</p> <p><input type="checkbox"/> Vomiting</p> <p><input type="checkbox"/> Gas/Bloating</p> <p><input type="checkbox"/> Belching or Passing Gas</p> <p><input type="checkbox"/> Diarrhea</p> <p><input type="checkbox"/> Constipation</p> <p><input type="checkbox"/> Pain or Cramps</p> <p><input type="checkbox"/> Mucous in Stools</p> <p><input type="checkbox"/> Black/Bloody Stool</p> <p><input type="checkbox"/> Hemorrhoids</p> <p><input type="checkbox"/> Itchy/Burning Anus</p> <p><input type="checkbox"/> Bad Breath</p> <p><input type="checkbox"/> Strong Smelling Stools</p> <p><input type="checkbox"/> Food in Stools</p> <p><input type="checkbox"/> IBS</p> <p><input type="checkbox"/> Crohns</p> <p>Bowel Movements : How Often ? ____</p> <p>Stools ____ Hard ____ Firm</p> <p>____ Soft ____ Loose (> 2 / day)</p>	<p>CIRCULATION</p> <p><input type="checkbox"/> Faintness</p> <p><input type="checkbox"/> Dizziness</p> <p><input type="checkbox"/> Easy Bleeding or Bruising</p> <p><input type="checkbox"/> Anemia</p> <p><input type="checkbox"/> Deep Leg Pain</p> <p><input type="checkbox"/> Varicose Veins</p> <p><input type="checkbox"/> Cold hands/feet</p> <p><input type="checkbox"/> Spontaneous Sweating</p> <p>ENDOCRINE</p> <p><input type="checkbox"/> Hypothyroid</p> <p><input type="checkbox"/> Heat or Cold Intolerance</p> <p><input type="checkbox"/> Hypoglycemia</p> <p><input type="checkbox"/> Diabetes</p> <p><input type="checkbox"/> Excessive Thirst</p> <p><input type="checkbox"/> Excessive Hunger</p> <p><input type="checkbox"/> Seasonal Depression</p>
<p>MUSCLE / JOINT / BONES</p> <p><input type="checkbox"/> Neck Pain</p> <p><input type="checkbox"/> Jaw Pain</p> <p><input type="checkbox"/> Shoulder Pain</p> <p><input type="checkbox"/> Arm/Wrist Pain</p> <p><input type="checkbox"/> Knee Pain</p> <p><input type="checkbox"/> Back Pain: Low Middle Upper</p> <p><input type="checkbox"/> Sciatica</p> <p><input type="checkbox"/> Heaviness of Limbs</p> <p><input type="checkbox"/> Muscle Pain/Tension</p> <p><input type="checkbox"/> Muscle spasms / cramps</p> <p><input type="checkbox"/> Restless Leg Syndrome</p> <p><input type="checkbox"/> Weak/Sore Lower Body</p> <p><input type="checkbox"/> Areas of Numbness</p> <p><input type="checkbox"/> Loss of Strength</p> <p><input type="checkbox"/> Tingling Sensations</p> <p>GENITO-URINARY</p> <p><input type="checkbox"/> Pain/Burning when urinating</p> <p><input type="checkbox"/> Frequent Urination</p> <p><input type="checkbox"/> Dark or Pale Yellow</p> <p><input type="checkbox"/> Cloudy Urine</p> <p><input type="checkbox"/> Night Urination</p> <p><input type="checkbox"/> Copious or Scanty Urination</p> <p><input type="checkbox"/> Inability to hold Urine</p> <p><input type="checkbox"/> Urinary Tract Infections</p> <p><input type="checkbox"/> Kidney Stones</p> <p><input type="checkbox"/> Blood in Urine</p> <p>MENTAL / EMOTIONAL</p> <p><input type="checkbox"/> Mood Swings</p> <p><input type="checkbox"/> Anxiety or Nervousness</p> <p><input type="checkbox"/> Depression</p> <p><input type="checkbox"/> Poor Concentration</p> <p><input type="checkbox"/> Poor Memory</p> <p><input type="checkbox"/> Angry Outbursts</p> <p><input type="checkbox"/> Weepy</p> <p><input type="checkbox"/> Sadness</p>	<p>FEMALE ONLY</p> <p><input type="checkbox"/> Irregular Cycles</p> <p><input type="checkbox"/> Bleeding between Cycles</p> <p><input type="checkbox"/> Pain during Intercourse</p> <p><input type="checkbox"/> Clotting</p> <p><input type="checkbox"/> Heavy or Excessive Flow</p> <p><input type="checkbox"/> PMS</p> <p><input type="checkbox"/> Painful Menses</p> <p><input type="checkbox"/> Vaginal Discharge ? Color ?</p> <p><input type="checkbox"/> Vaginal Itching/Burning</p> <p><input type="checkbox"/> Vaginal Odor</p> <p><input type="checkbox"/> Menopausal Symptoms</p> <p><input type="checkbox"/> Vaginal Dryness</p> <p><input type="checkbox"/> Sexually Transmitted Disease</p> <p><input type="checkbox"/> Breast Pain / Tenderness</p> <p><input type="checkbox"/> Nipple Discharge</p> <p><input type="checkbox"/> Breast Lumps</p> <p>Are you sexually active? Yes No</p> <p>Do you practice Birth Control ? Type ? _____</p> <p>Have you ever taken the Pill ?</p> <p>Used an IUD ? _____</p> <p>Number of Pregnancies _____</p> <p>Number of Live Births _____</p> <p>Number of Miscarriages _____</p> <p>Number of Abortions _____</p> <p>Number of Ectopic Pregnancies _____</p> <p>Difficulty Conceiving _____</p> <p>Difficult or Premature Births _____</p> <p>Do you do Breast Self Exams ?</p> <p>Date of last PAP/Pelvic _____</p> <p>Abnormal PAP ? When ? _____</p>	<p><input type="checkbox"/> Ovarian Cysts</p> <p><input type="checkbox"/> Endometriosis</p> <p><input type="checkbox"/> Uterine Fibroids/Polyps</p> <p><input type="checkbox"/> Polycystic Ovarian Syndrome</p> <p><input type="checkbox"/> Pelvic/Tubal Infection</p> <p><input type="checkbox"/> Pelvic Inflammatory Disease</p> <p><input type="checkbox"/> Pelvic Adhesions/Scarring</p> <p><input type="checkbox"/> Chlamydia</p> <p><input type="checkbox"/> Herpes</p> <p><input type="checkbox"/> Bacterial Vaginosis</p> <p><input type="checkbox"/> Genital Warts</p> <p>MALES ONLY</p> <p><input type="checkbox"/> Hernias</p> <p><input type="checkbox"/> Testicular Masses</p> <p><input type="checkbox"/> Testicular Pain</p> <p><input type="checkbox"/> Varicoceles</p> <p><input type="checkbox"/> STD</p> <p><input type="checkbox"/> Premature Ejaculation</p> <p><input type="checkbox"/> Prostate Disease</p> <p><input type="checkbox"/> Sexually Transmitted Disease</p> <p><input type="checkbox"/> Discharge or Sores</p> <p><input type="checkbox"/> Sexual Dysfunction</p> <p>Are you sexually active ? Yes No</p> <p>Birth Control ? Type? _____</p> <p><input type="checkbox"/> Infertility</p> <p><input type="checkbox"/> Semen Analysis Results ?</p>

Muscles, Joints & Bones Continued :

Do you have pain or tightness? Where? _____
Recent injuries? _____ Was this from an auto accident or work related? _____

The pain is (check all that apply): Sharp Dull Aching Numb
 Deep Pain Burning Tingling Shooting

Pain worse/better with heat Pain worse/better with cold Pain worse/better with pressure

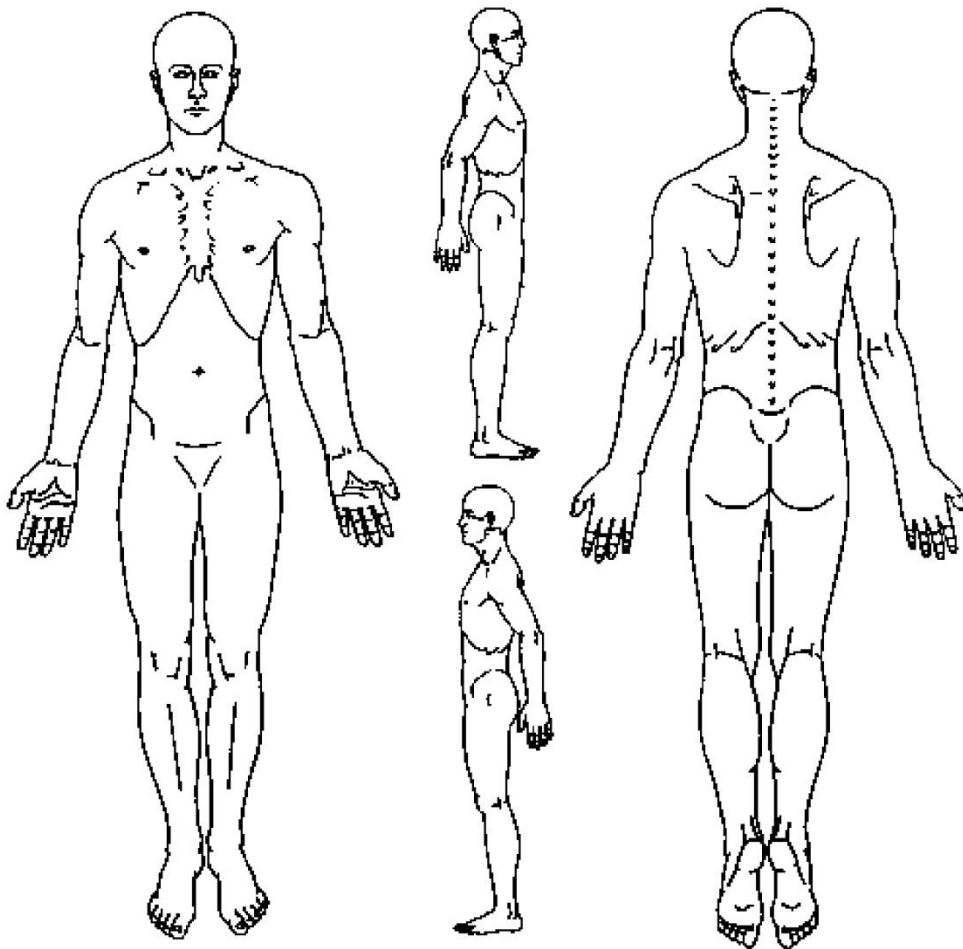
Pain worse in am/pm Pain worse/better with movement

I have (check all that apply): Swollen joints Arthritis/joint pain Tendonitis

 Bone pain Muscle cramping Muscle pain Repetitive Strain Injury

Fractured Bone(s) -- Where? _____
Other _____

Pain Diagram (please mark all areas of pain on diagram below) A= aching B= burning N=numbness P= pins and needles
S= stabbing pain O= other type of sensation



Gynecological/Reproductive, continued

Attempting Pregnancy currently? If so, for how long? _____

Currently Pregnant If so, how far along _____ Currently breastfeeding If so, how long? _____

Difficult scanty or painful lactation _____

Post-partum difficulties _____

Describe _____

Premature deliveries _____ Difficult deliveries _____

Describe _____

Difficulties in Pregnancy
Describe _____

Age of first menses _____ What was it like for you? _____

Date of last menses _____ Recent menstrual changes If so, what? _____

How many days do you normally bleed? _____ How many days between periods? _____

How heavy is the bleeding? Heavy Average Light How many pads/tampons per day? _____

What color is the blood? Pale red, pink Red Dark red Purple Brown Black

Is the blood Watery Clotted Mucousy Thick Strong odor

Painful periods If so, how many days does pain last? _____ What makes the pain better? _____

Heaviness or pressure in pelvis with periods

Have you ever gone more than 2 months without getting your period? When? _____

PMS What symptoms _____ When do they start? _____

Bleeding/Spotting between periods When in cycle _____

Do you ovulate regularly? _____ If so, on what day of your cycle? _____ Is ovulation painful? _____

Do you observe cervical mucus changes with ovulation? _____

Bleeding with ovulation? _____

Do any of your symptoms seem to change or worsen around you period?

How? _____ Menopausal Symptoms

Describe _____

Sleep

How long do you normally sleep? _____ hours per night

I have difficulties with (check all that apply): _____ Falling asleep _____ Staying asleep

_____ Dream-disturbed sleep _____ Waking up at about _____ am/pm and not being able to fall back asleep

Emotional Health

Have you ever been treated for a psychological concern? Yes No

Have you experienced sexual or physical abuse? Yes No

Have you ever considered or attempted suicide? Yes No

Have you ever been treated for substance abuse? Yes No

Please rate your overall stress level. Low Medium High

Are you currently working with a counselor? If so, who? _____ If possible, please describe the most challenging emotion you experience _____

When do you most often feel this emotion? _____

What experiences or activities bring you the most joy and nourishment? _____

What goals do you have for your acupuncture treatments? _____

Comments: Please describe anything else you would like to discuss. _____

HIPPA Notice Privacy Disclosure and Policies

As a patient at this clinic, you have the right to know how your private, confidential healthcare and personal information is being protected. Below are the methods in which your information is secured confidentially in accordance with the Health Insurance Portability and Accountability Act of 1996 (HIPPA). This notice describes the policy for how medical information about you may be used and disclosed, how you can get access to this information, and how your privacy is being protected.

Safeguards in place include:

- Limited access to facilities where information is stored.
- Policies and procedures for handling information.
- Requirements for third parties to contractually comply with privacy laws.
- All medical files and records (including email, regular mail, telephone, and faxes sent) are kept on permanent file.

Public Interaction

Should we see you socially, by coincidence or intent, we will not acknowledge how we are acquainted unless you infer consent through introduction, etc.. It is our preference to discuss your health in the office setting only to protect you privacy and ensure that important information is kept in your chart.

Consultations

We consult with other healthcare practitioners and clinical specialists while working on patient cases and treatment plans. These conversations and transfers of information by phone, in person, by fax, or email are confidential, and names are not used unless necessary and consent is provided from you either verbally or in writing. In administering your health care, we may gather and maintain information that may include these examples of non-public personal information

- From your medical history, treatment notes, all test results, and any letters, faxes, emails or telephone conversations to or from other health care practitioners.
- From health care providers, insurance companies, workman's comp and your employer, and other third party administrators (e.g. requests for medical records, claim payment information)

Records Release

Your confidential healthcare information is private and cannot be copied and shared with anyone else without your written, signed consent. In some cases, if time does not permit, your verbal approval may be accepted after proper identification is acquired. Copies of released records are sent by mail or fax, and are accompanied by a Confidential Patient Information Cover Sheet if faxed.

Definition and Penalties to Comply

Protected health information is any information, whether oral or recorded, in any form or medium that: 1) is created or received by a healthcare provider, health plan, public health authority, employer, life insurer, school or university, or healthcare clearing house in the normal course of business, and 2) relates to the past, present, or future physical or mental health or condition of an individual; the provision of healthcare to an individual; or the past, present, or future payment for the provision of healthcare to an individual. This information may reside in any medium: tape, paper, disc, fax, email, and/or digital voice message.

I have read and understand my right to privacy, as stated above, and agree to have Paul Kerzner, Licensed Acupuncturist maintain my records confidentially in accordance with the law. I agree to inform Paul Kerzner, Licensed Acupuncturist if I need any special arrangements pertaining to this issue.

signature	date
print name	

Informed Consent to Receive Treatment

By signing below, I do hereby request and voluntarily consent to the performance of acupuncture treatments and other procedures within the scope of practice of acupuncture on me (or on the patient named below, for whom I am legally responsible) by the acupuncturist named above and/or other licensed acupuncturists who now or in the future treat me while employed by, working or associated with or serving as back-up for the acupuncturist named below, including those working at the clinic or office listed above or any other office or clinic, whether signatories to this form or not.

I understand that methods of treatment may include, but are not limited to, acupuncture, cupping, electrical stimulation, Tui-Na (Chinese massage), Chinese herbal medicine, nutritional counseling and lifestyle coaching.

Acupuncture: This is a safe treatment involving the insertion of fine sterile and single use needles through the skin. Treatments can occasionally produce a mild but temporary discomfort, usually achiness, tingling or soreness at the acupuncture site. Treatments can also cause slight bleeding and will rarely leave a non-painful bruise at the acupuncture site. Other possible risks from acupuncture include dizziness and fainting. I agree to come to each session having eaten within the past 3 hours, and I will report to my Licensed Acupuncturist any dizziness or light-headedness that occurs during or after an acupuncture treatment. Extremely rare risks of acupuncture include nerve damage, organ puncture and infection. These risks have an extremely low incidence, especially when acupuncture is administered properly by a Licensed Acupuncturist.

Traditional Chinese Herbal Medicine Treatments: Chinese herbs have been used safely for centuries. Infrequently, one may experience digestive upset or other reactions to herbs. If I experience any discomforts related to the use of any herbs I am prescribed, I understand that I should stop the herbs and that I am responsible for informing my Licensed Acupuncturist of my symptoms. Some herbs may be inappropriate during pregnancy or breastfeeding. I accept full responsibility to inform my practitioner immediately if I am pregnant or breastfeeding, or if I am attempting or suspecting pregnancy. With all herbal treatment, I agree to follow the prescribed dosage and administration guidelines given to me by my acupuncturist. I will inform my practitioner if I am taking any medications, or if there are any changes in my medications, before any herbal treatment is initiated.

Heat Treatments with Moxa or a TDP Lamp: These methods are used to warm areas of the body to promote health. Every precaution is taken to prevent over-warming, but the rare possibility of mild burns exists.

Cupping: This technique involves a localized suction produced by heating a small glass cup. There is a possibility of local non-painful bruising from this suction. Very rarely a slight burn or blister may appear due to the heat.

Gua Sha: Gua Sha is light scraping on the skin in a small area using a smooth-edged instrument. This often results in bruising of the treated area. The bruising, which is not painful, usually resolves in 3-7 days.

Electro-Acupuncture: A mild electric micro-current similar to a TENS treatment may be used to stimulate the acupuncture points. A mild tingling or tapping sensation will be felt during treatments. Occasionally a mild achiness or soreness will be felt at the areas treated for up to a day after the treatment. I understand that I must inform my practitioner if I am using a pace maker or have any heart or neurological condition prior to having this treatment.

Acupressure and Massage: Acupressure and massage are used to reduce or prevent pain, and to normalize the body's physiological functions. I will inform my Licensed Acupuncturist of any areas of injury or extreme discomfort, as well as any areas where I have had surgery, prior to any massage. I understand that there may be muscle soreness or achiness as well as the possible aggravation of symptoms existing prior to the treatment during or after massage.

I understand the clinical and administrative staff may review my patient records and lab records but all my records will be kept confidential and will not be released without my written consent. By voluntarily signing below, I show that I have read, or have had read to me, the above consent to treatment, have been told about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present conditions and for any future condition(s) for which I seek treatment.

Patients who are pregnant, have a pacemaker or heart condition, have a seizure disorder, or those with a bleeding disorder or taking blood thinners should discuss this with the acupuncturist before proceeding with acupuncture.

I understand that there may be other treatment alternatives, including treatment offered by a licensed physician, as Paul Kerzner, LAc is not primary care physicians.

I have read and understand all of the above information and am fully aware of what I am signing. I understand that I may ask my practitioner for a more detailed explanation. I give my permission and consent to treatment.

signature	date
print name	

PATIENT NAME:

ARBITRATION AGREEMENT

Article 1: Agreement to Arbitrate: It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompetently rendered, will be determined by submission to arbitration as provided by state and federal law, and not by lawsuit or resort to court process except as state and federal law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration.

Article 2: All Claims must be Arbitrated: It is also understood that any dispute that does not relate to medical malpractice, including disputes as to whether or not a dispute is subject to arbitration, will also be determined by submission to binding arbitration. It is the intention of the parties that this agreement bind all parties as to all claims, including claims arising out of relating to treatment or services provided by the health care provider including any heirs or past, present or future spouse(s) of the patient in relation to all claims, including loss of consortium. This agreement is also intended to bind any children of the patient whether born or unborn at the time of the occurrence giving rise to any claim. This agreement is intended to bind the patient and the health care provider and/or other licensed health care providers or preceptorship interns who now or in the future treat the patient while employed by, working or associated with or serving as a back-up for the health care provider, including those working at the health care provider's clinic or office or any other office whether signatories this form or not.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the health care provider, and/or health care provider's associates, association, corporation, partnership, employees, agents and estate, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress, injunctive relief, or punitive damages.

Article 3: Procedures and Applicable Law: A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days thereafter. The neutral arbitrator shall then be the sole arbitrator and shall decide the arbitration. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees, witness fees, or other expenses by a party for such party's own benefit.

Either party shall have the absolute right to bifurcate the issues of liability and damage upon written request to the neutral arbitrator.

The parties consent to the intervention and joinder in this arbitration of any person or entity that would otherwise be a proper additional party in a court action and upon such intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration.

The parties agree that provisions of state and federal law, where applicable, establishing the right to introduce evidence of any amount payable as a benefit to the patient to the maximum extent permitted by law, limiting the right to recover non-economic losses, and the right to have judgment for future damages conformed to periodic payments, shall apply to disputes within this Arbitration Agreement. The parties further agree that the Commercial Arbitration Rules of the American Arbitration Association shall govern any arbitration conducted pursuant to this Arbitration Agreement.

Article 4: General Provision: All claims based upon the same incident, transaction or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable legal statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with the reasonable diligence.

Article 5: Revocation: This agreement may be revoked by written notice delivered to the health care provider within 30 days of signature and if not revoked will govern all professional services received by the patient and all other disputes between the parties.

Article 6: Retroactive Effect: If patient intends this agreement to cover services rendered before the date it is signed (for example, emergency treatment) patient should initial here. _____. Effective as the date of first professional services.

If any provision of this Arbitration Agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision. I understand that I have the right to receive a copy of this Arbitration Agreement. By my signature below, I acknowledge that I have received a copy.

NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL PRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.

PATIENT SIGNATURE X (Or Patient Representative)	(Date)
(Indicate relationship if signing for patient)	
OFFICE SIGNATURE X	(Date)

FINANCIAL & OFFICE POLICIES

Above & Beyond Acupuncture practitioners request payment for your treatment at the time of service. Cash or check payments are preferred but we also take VISA, MasterCard and Discover.

Electronic Communication: At times, Above & Beyond Acupuncture uses email and text message to correspond with patients as a convenience. However, these forms of communication are not encrypted and could theoretically be read by an outside party with the technical skills to intercept such correspondences. By initialing this section, you consent to allow Above & Beyond Acupuncture to correspond with you electronically despite these potential risks. Initial _____

Returned Checks: If your check is returned for insufficient funds, there will be a \$25.00 Returned Check fee added to your account, in addition to the amount the check was for. Initial _____

Nonpayment: If your account is over 90 days past due from our first billing sent to you, it will be referred to a collection agency for payment. By signing this agreement you will also authorize the office to release information needed to secure payment. Initial _____

Missed Appointments: If you miss your appointment or cancel with less than 24 hours notice, you will be charged for the appointment. Initial _____

I have read and understand the policies and agree to abide by the guidelines.

Signature of patient or responsible party

Date

Thank you for understanding our policies. Please let us know if you have any questions.